



Kinderärzte Schweiz

Berufsverband Kinder- und Jugendärztinnen in der Praxis
Association professionnelle de la pédiatrie ambulatoire
Associazione professionale dei pediatri di base

pädiatrie
schweiz

Die Fachorganisation der
Kinder- und Jugendmedizin

How to support your child during the vaccination



Encourage your child

Cuddly toy & favorite short-sleeved T-shirt

Explain honestly

Do you have any more questions?

Plan ahead carefully

Documents, time, place, procedure

Breathe calmly and deeply

We are here for you!

Remain calm and positive

Speak gently and reassuringly.

Provide a feeling of security

How much support does your child want?

Distract your child

With pictures, a smartphone, a game?